

USA Rugby Sports Medicine Symposium

This live program is designed to educate athletic trainers and other healthcare providers on rugby-specific and sports medicine related issues and topics.

The full course is 2 days in length and participants should be able to gain understanding and apply knowledge or techniques specific to each presentation.

As rugby is a relatively new sport in North America and is a recent addition to the Olympic Games, it is important that athletic trainers and other healthcare providers are educated on these topics.

- Athletic Trainers are not familiar with the medical rules and regulations specific to rugby.
- Athletic Trainers are not familiar with the use of orthobiologics.
- Athletic Trainers are not familiar with concussion policy and management specific to rugby.
- Athletic Trainers are not familiar with MSK ultrasound

The specific learning objectives of the course include:

- Identify and apply USA Rugby Policy and RTP Guidelines regarding concussion
- Identify and apply World Rugby Concussion Guidelines and Research
- Describe the HIA (Head Injury Assessment) and use of video review
- Describe psychological management techniques for concussed athletes
- Identify and apply Current Concepts in Concussion Management
- Describe Player Welfare priorities within USA rugby
- Describe Medical Care at the 2017 Women's World Cup.
- Recognize the signs and symptoms of a subdural hematoma.
- Describe the function and use of MSK ultrasound for sports injuries.
- Describe cartilage restoration techniques
- Describe athlete welfare strategies for international rugby referees

We expect that attendees following the course will have improved proficiency in these areas related to rugby sports medicine and will ultimately provide better care.

The course will provide educational materials to all attendees including live presentations using AV and also handouts of each presentation in the form of a hard copy or flash drive.

The schedule and agenda of the course will be posted on the website: www.rugbysportsmedicine.com and will distributed at the course.