

# Conference Agenda

Thursday, February 28, 2019	
4:30 pm to 5:00 pm	Registration
5:00 pm – 5:15 pm	Welcome and Introductions <b>Michael Keating</b> – USA Rugby Director of Medical Services
5:40 pm – 6:10 pm	Practical Aspects of World Rugby Head Injury Assessments <b>Hamish Kerr, MD</b> – USA Rugby Medical Chair
6:10 pm – 6:40 pm	Best Practices and Novel Concepts in Concussion Diagnosis <b>Jeffrey Mjaanes, MD</b> – Northwestern University – Director of Sports Medicine
6:40 pm – 7:10 pm	Female Concussion <b>Michelle Look, MD</b> – San Diego Sports Medicine
7:10 pm – 7:30 pm	Stronger Brains through Nutrition <b>Dr. Garrett Wdowin &amp; Todd Clever</b> – Cover Three
7:30 pm – 8:00 pm	CTE in Contact Sports – Updates & Recommendations <b>Chris Nowinski, PhD</b> – Concussion Legacy Foundation
8:00 pm – 8:30 pm	Panel Discussion <b>Moderator – Anthony Savino, MD</b> – Illinois Bone & Joint Institute
8:30 pm – 10:00 pm	<b><i>Social Reception – Cocktails and Appetizers</i></b>

<b>Friday, March 1, 2019</b>	
8:00 am to 9:00 am	Registration and Breakfast
9:00 am to 9:10 am	Welcome and Overview <b>Michael Keating – USA Rugby Director of Medical Services</b>
9:10 am to 9:40 am	ACL Tears: Diagnosis to Return to Play <b>Nathan Wetters, MD – Illinois Bone &amp; Joint Institute</b>
9:40 am to 10:10 am	Hip FAI and Labral Injuries in Athletes <b>Vonda Wright, MD – Northside Sports Medicine</b>
10:10 am to 10:40 am	Why Restrict Yourself with Lower Extremity Rehabilitation? <b>Matt Lopez, DPT – Northside Sports Medicine</b>
10:40 am to 11:00 am	Panel Discussion <b>Moderator: Marc Kowalsky, MD – Orthopaedic &amp; Neurosurgery Specialists</b>
11:00 am to 11:15 am	Exhibitor Break
11:15 am to 12:15 pm	Musculoskeletal Sports Ultrasound Basics <b>Ryan Kruse, MD – Cornerstone Orthopedics &amp; Sports Medicine</b>
12:25 pm to 1 pm	CBD & Sport: The Science and Application <b>Noel Palmer, PhD and Ben Cowin, DC, ATC – CBX Sciences</b>
1 pm to 1:30 pm	Review of the World Rugby 7s World Cup Medical Services <b>Michael Keating – USA Rugby Director of Medical Services</b>
1:30 pm	Closing Remarks